

**September 26, 2024**

 **A Note From Our Rector** 



Hi, St. Andrew's,

I'm out of the office for a few days spending time with our annual diocesan Clergy Conference at Antiochian Village, a Christian retreat center in the Orthodox tradition near Ligonier. We gather here every year to reconnect in community as clergy with each other. The leaves are turning, and it is beautiful out here.

A highlight for me is always time in the chapel - I'm sharing just one of the many icons that surround the space here. Jesus gathers with his friends here at the last supper; a meal where we ourselves get to pull up our own seats toward as we gather for Eucharist. It is a table with enough room for all.

Blessings,  
Sara+

## Services at St. Andrew's

### This Sunday, September 29

**8:00 am: Holy Eucharist in the Chapel**

**10:00 am: Children's Chapel Upstairs**

Children join their parents in the church at the Peace.

**10:00 am: Holy Eucharist in the Sanctuary**

The service will be **live-streamed and archived on [YouTube](#)**.

The service bulletin can be found on our [website](#).



### Coffee Hour in Brooks Hall



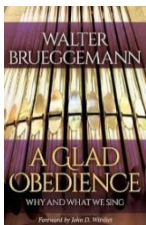
All are welcome to come to (air-conditioned!) Brooks Hall **after the 10am service next week** for hot or cold drinks and snacks. This is an opportunity for us to **greet each other and welcome visitors and newcomers**.

#### Service Notes:

- Note that the **early service** is now held at **8:00am**.
- Starting October 6, our **children will stay in church on the first Sunday of each month** for a special **children's homily**.

## Around St. Andrew's

### Fall Book Study: *A Glad Obedience*



This fall, the Growth in Spirit book study group has decided to study the Psalms. The book they have chosen is ***A Glad Obedience: Why and What We Sing*** by Walter Brueggemann, Westminster/John Knox Press, 2019. Study sessions are held on **Wednesdays at 9:00 am on Zoom**.

The group welcomes new members to join anytime! For information on the group or the Zoom link, please contact Wes Rohrer at [wrun@pitt.edu](mailto:wrun@pitt.edu).



## Children's Corner

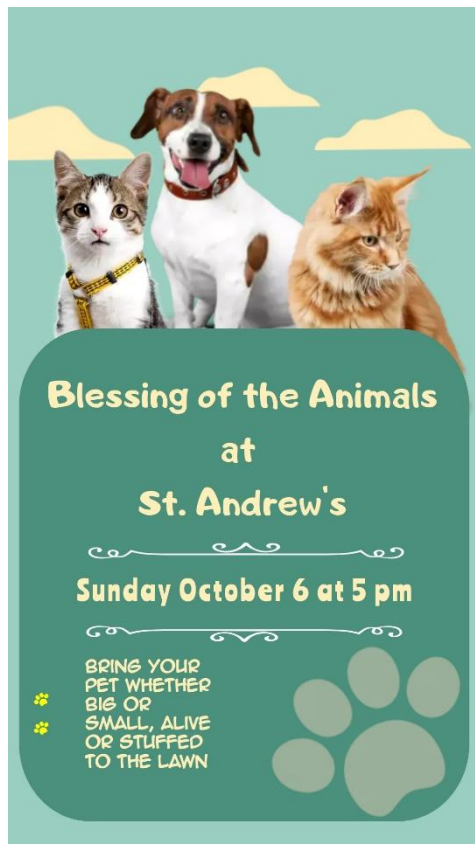


This week in church school the children will be putting their "**faith in action**" by **learning about our ministry partner the East End Cooperative Ministry** and the **upcoming Crop Walk**. Thanks to Katie and Matt Walsh for leading the class.

Also, **in anticipation of "early" communion**, the children will be **meeting with Rev. Sara after the 10 am service**.

The church school is **always looking for volunteers**. If you are interested in learning about how you can help, email [beckymarinov@gmail.com](mailto:beckymarinov@gmail.com).

Becky Marinov  
Church School Coordinator



## 👉 Outreach Opportunities 👈

### [CROP Hunger Walk on October 13 -- Join the Team!](#)

All are welcome to **join the St. Andrew's team of walkers** for the annual **CROP Hunger Walk!** The walk will start at **2:00 on October 13**, departing from the South Ave. Methodist Church in Wilksburg. The walk has been shortened to **5 miles, with shorter options of 1 and 1.5 miles.**



Please **join us with your steps and your donations to help families who are struggling with hunger.** Together we will provide more meals for the growing number of people in our community who need them and create greater food security in communities around the world. Our team goal is to raise \$1500, and as of publication, we have raised \$450.

You can **sign up to walk or donate** on the [St. Andrew's Team Page](#) or by contacting **team captain Wes Rohrer** at [wrun@pitt.edu](mailto:wrun@pitt.edu).

### [EECM Coat Drive: Share the Warmth!](#)



St. Andrew's is supporting the **EECM coat collection** for neighbors in need. You can bring **new and gently used coats** to St. Andrew's **through October 13**. Collection bins are in **Brooks Hall and the entrance to the church.**

*Let's all check our closets for coats we don't need!*

## Fall Outreach Calendar

The St. Andrew's Outreach Team has scheduled Outreach events for the fall months. Check out the list to see where you would like to participate!



- **September/October: CROP Hunger Walk**  
Sign up now to walk or donate! (See notice above.) The walk itself will take place **on October 13**.
- **September/October: EECM Coat Drive**  
Donate gently-used coats at St. Andrew's for those in need from **now through October 13**. (See notice below.)
- **November 2: Amen to Action**  
St. Andrew's is once again collaborating with other East End congregations and Pittsburgh Theological Seminary to pack 100,000 meals in just three hours **on Saturday, November 2**, for the Greater Pittsburgh Community Food Bank. (More information in coming weeks.)
- **November/December: Clothing Drive for Veterans**  
**Starting November 10** (just before Veterans Day), we will be collecting men's clothing for the veterans at Shepherd's Heart Veteran's Home, which provides transitional housing for homeless veterans. (More information in coming weeks.)

## 🌸 Around the Wider Church 🌸

### Virtual Faith-Based Security and Resilience



The Pennsylvania Office of Homeland Security and partners cordially invite us to attend the third quarterly event of our virtual learning series on **Monday, September 30, from 1:00 to 4:00 pm**. The event is a **panel discussion** among **faith leaders who have been the unfortunate victims of gun violence** along with **public officials who are experts in the field of public safety**.

Additional **information and registration** details are available at [www.episcopalpgh.org/faith-based-security-series/](http://www.episcopalpgh.org/faith-based-security-series/).

## Fall 2024 Anti-Racism Workshop



Seeing the Face of God in Each Other, our **diocesan anti-racism workshop**, is taking place online **via Zoom Friday, October 11, and Saturday, October 12.**

Why take this workshop?

- God calls each one of us to love our neighbors as ourselves.
- Our nation is struggling with the impact of generations of systemic racism that affect everyone for the worse.
- We, as a diocese, have committed ourselves to a journey toward healing the wounds of racism in our region through the Beloved Community Initiative.
- As a diocese, we have also committed that all in leadership positions, in parishes or at the diocesan level, take the workshop as part of our responsibilities.
- There is always more to learn!

[Click here for registration and additional details.](#)

## Mental Health First Aid Training

Learn how to support your dearest and neighbors! Mental Health First Aid (MHFA) teaches you **how to identify, understand, and respond to signs of mental health and substance use challenges among adults.** You'll build skills and confidence you need to reach out and provide initial support to those who are struggling, and learn how to help connect them to appropriate support.

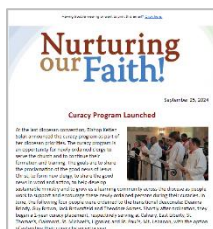


**When:** Oct. 22, 2024, 9:30am-3:30pm

**Where:** Pittsburgh Theological Seminary

Learn more and register at [Mental Health First Aid Training \(pts.edu\).](#)

## Grace Happens



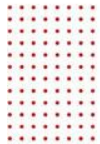
**Grace Happens** is our **regular newsletter from the diocese**; you can read the most recent issue [here](#). Read for news on our newly ordained deacons serving as curates around the diocese, the investiture of our new Presiding Bishop, Sean Rowe, and more! A link to **sign up for your own subscription** is always in the **Handy Links** below.



CCNH PRESENTS



# WOMEN'S RETREAT STORIES OF FAITH



OCT. 12, 2024  
8:30-4:30

Christianity has many wonderful stories of faith that inspire and encourage us on our own faith journey.

On this retreat, we will delve into a few of these stories: some biblical, some from the Saints, and some a bit more modern.

We will explore how these stories impact us today; bearing witness to God, our Father and our Lord Jesus Christ.

And we will explore our own faith journey, looking at how our story is important to the people and the world around us



SPEAKER

## THE REV. CANON NANCY SUELLAU

spent her career serving parishes and her Diocese in Jacksonville FL. She retired to Cranberry Township to be close to family. She is a proud grandmother of two and mother of two.

She enjoys the arts, mahjong and helping others to recognize God's presence in their lives.

CHRIST EPISCOPAL CHURCH, NORTH HILLS  
5910 BABCOCK BLVD.  
PITTSBURGH, PA  
15237 (ROSS TWP)

COST: \$65  
INCLUDES LUNCH & REFRESHMENTS.

REGISTER:



[Sign up here!](#)

👉 **In the Wider Community** 👈

**Rainbow Sign**



Do you have your Highland Park **rainbow sign**?  
St. Andrew's has ordered ours! Visit <https://hpccpgh.org/shop> to order and let ALL our neighbors know they belong!

**Parish Email List**

**Would you like to receive this *Weekly Update* by email,**  
and also occasionally receive other email notices from St. Andrew's?

If so, please send your email address to our Communications Coordinator at [communications@standrewspgh.org](mailto:communications@standrewspgh.org), and you will be added to our distribution list.

You can opt out at any time. It's the best way  
to know what's happening in and around the parish!

St. Andrew's Episcopal Church  
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Pittsburgh, PA 15206-1615